



ETHIANUM - THE GUIDE

HEALTH AND WELLNESS AT A TOP LEVEL

/ CONTENTS

Preface	03
Equipment and ambience	05
PLASTIC RECONSTRUCTIVE SURGERY	06
MICROSURGERY	07
BREAST SURGERY CENTRE	09
AESTHETIC SURGERY	10
Second opinions and problem consultations	11
HAND SURGERY	12
INTIMATE SURGERY	13
DERMATOLOGY	14
AESTHETIC MEDICINE	15
SPINE SURGERY	16
SHOULDER: JOINT-PRESERVING ARTHROSCOPY, ENDOPROSTHETICS	18
ELBOW SURGERY	19
FOOT SURGERY	20
TOTAL HIP REPLACEMENT	21
REGENIC® PRINCIPLE	22
INTERNAL MEDICINE, GASTROENTEROLOGY	23
PREVENTIVE MEDICINE	24
ANAESTHESIA	25
RADIOLOGY	26
PHYSIOTHERAPY	28
YOUR DOCTORS AT THE ETHIANUM CLINIC	30
The ETHIANUM Clinic culture	34
Contact	35

*This clinic was opened in 2010;
it was designed with our
full commitment and built
from scratch with
the utmost effort.*

Dear interested parties and clients,

Welcome to the ETHIANUM Clinic, a modern private clinic for Plastic, Aesthetic and Reconstructive Surgery, Spine, Hand and Orthopaedic Surgery, Gynecology, Dermatology and Preventive Medicine - right at the heart of the Heidelberg Central Hospital.

I am both proud and grateful to say that we can now reflect on more than a decade of challenging and successful work at the ETHIANUM Clinic.

This is truly a dream come true for me: practising cutting edge medicine together with a group of highly committed superspecialists, largely independent of the constraints of the usual, routine healthcare industry.

We would like to present the ETHIANUM Clinic, its individual areas of speciality, and its doctors to you in this brochure. I hope that we will be able to pique your curiosity and it would be an absolute pleasure to welcome you to the ETHIANUM, a very special clinic, if the need arises.

Yours sincerely,
Prof. Dr med. Günter Germann
Founder, medical director and
chief executive officer of the
ETHIANUM Clinic



/ THE AMBIENCE UNDERLINES OUR ASPIRATION TO PROVIDE WORLD-CLASS SERVICES

During the planning of the ETHIANUM Clinic, the conditions were determined by a set of clear guidelines: world-class medical technology, consistent sustainability in operations and a pleasant environment for clients, doctors and the entire team.

The ETHIANUM Clinic is an exemplary **“green hospital”**: CO₂-neutral operation, water supply, climate control, lighting, energy and heat production are all performed using the same highly innovative concepts as information technology and the organisation of work flows.

The entire interior décor is based on the same principles as five star hotels; there is very little that reminds you that you are in a hospital. This is particularly applicable to the extremely personal amenities in the 23 rooms and four suites with spacious bathrooms, underfloor heating, TV, minibar, Wi-Fi and bedside communication terminals.

In addition to the 3-Tesla MRI machines, the medical/technical equipment includes digital X-ray machines, ultrasound machines, among others, as well as fully glazed operating theatres and the very latest outpatient surgery centre.



*The clinic founder, CEO and Medical Director, **Prof. Dr med. Günter Germann**, was able to realise his visionary claim of offering holistic service quality in 2010.*

The clinic culture of the ETHIANUM encompasses interdisciplinary medicine, also in cooperation with the University of Heidelberg, responsible research and respect in dealing with people. A claim that the entire clinic team lives by with conviction.

/ PLASTIC RECONSTRUCTIVE SURGERY

Our team of plastic surgeons is distinguished by comprehensive experience in reconstruction following tumours, burns or the after-effects of injuries, as well as all breast surgery procedures.

They restore fundamental body functions and help to provide individuals with a new quality of life. This often involves the use of reconstructive microsurgery. Please consult the plastic and aesthetic surgeons for the following indications, among others:

Congenital malformations	Auricle reconstruction
Breast reconstruction	Reconstruction after tumour
Skin tumours	Accident injuries
Bone necrosis and defects	Burn injuries
Lymphoedema	Soft tissue/bone tumours
Scars	Delayed wound healing

/ MICROSURGERY

The transplantation of perfused tissue requires a high level of expertise, particular finesse and special training.

Our plastic and hand surgeons use microsurgery to perform the following procedures, among others:

Transplantation of autologous tissue to cover defects that occurred as a result of an accident or surgery

Treatment of lymphoedemas

Reconstruction of the female breast by transferring autologous tissue after cancer surgery

Bone transplants, e.g. after tumour resection



The experts work masterfully with sutures that are thinner than a single hair. They also use needles with diameters of just one fifteenth of a millimetre.

Microsurgery, applied for suturing vessels and for minimally invasive state-of-the-art procedures, is conducted with the help of surgical microscopes.



/ BREAST SURGERY CENTRE AT THE ETHIANUM CLINIC

The high quality of our specialisation in the field of breast surgery is proven by certification from the German Society of Plastic, Reconstructive and Aesthetic Surgeons (DGPRÄC).

The requirements for this certification include six years of training to become a plastic and aesthetic surgeon, as well as experience in all areas of breast surgery and proof of a certain number of procedures that have been performed on the breast each year, which may range from implant insertion to complex microsurgical breast reconstruction.

Centres of excellence must also record all breast surgeries in a national registry to allow them to be evaluated. The information is reviewed by external specialists. The Breast Surgery Centre at the ETHIANUM Clinic is led by **Prof. Dr med. Matthias Reichenberger**.



Zertifikat Rekonstruktives Brustzentrum

Die Deutsche Gesellschaft der Plastischen, Rekonstruktiven und Ästhetischen Chirurgen (DGPRÄC)

bescheinigt hiermit, dass die

**Gemeinschaftspraxis für
Plastische und Ästhetische Chirurgie, Handchirurgie am Ethianum
PD Dr. med. M. Reichenberger
Volzstraße 6, 69115 Heidelberg**

unter der Leitung von
PD Dr. med. Matthias I. A. Reichenberger

die im Rahmen der externen „Qualitätssicherung Brustrekonstruktion“ gestellten Anforderungen erfüllt.

**Gemeinschaftspraxis für
Plastische und Ästhetische Chirurgie, Handchirurgie am Ethianum
PD Dr. med. M. Reichenberger**

trägt daher das von der Deutschen Gesellschaft der Plastischen, Rekonstruktiven und Ästhetischen Chirurgen (DGPRÄC) verliehene Prädikat

„Qualitätsgesicherte Brustrekonstruktion“

/ AESTHETIC SURGERY

A person who is dissatisfied with their own appearance may suffer from unspeakable psychological agony.

This is why the right approach is even more crucial: Anyone suffering from sagging tissue after pregnancy or massive weight loss, droopy eyelids, or breasts that are too small or too large is well advised to consult with an experienced plastic and aesthetic surgeon in Germany on a non-committal basis.

We perform the following procedures, among others:

Abdominoplasty (tummy tuck)	Hand and skin rejuvenation
Body contouring	Genital Surgery
Body lift	Blepharoplasty (eyelid lift)
Gynecomastia Surgery (for men)	Liposculpting
Breast lift/reduction	Liposuction for lipoedema
Breast enhancement with (soft) implants and autologous adipose tissue	Lip augmentation
Orbital Decompression Surgery	Scar correction
Face lift (classic, SMAS, MACS)	Rhinoplasty
Thread lift (soft lift)	Upper arm lift
Liposuction and lipomodelling	Otoplasty
Cryolipolysis (fat freezing)	Temporal lift (temple lift)
Hair transplantation	Forehead lift
	Neck and décolletage lift

The expert aesthetic surgeons at the ETHIANUM Clinic have all received excellent training. They master the newest and most gentle surgical methods, and will advise you openly and honestly. If an optimal outcome is not expected, they may even advise against undergoing a certain procedure.



Second opinions and problem consultations

Have you already had surgery? Are you unhappy with the results, or are you suffering from complications? This need not necessarily make you doubt the qualifications of the surgeon.

However, one is rarely prepared to allow the same surgeon to correct asymmetries, disfiguring scars, dents or capsule fibrosis (secondary aesthetic surgery).

At the ETHIANUM Clinic, you have a choice: Our specialists are available to provide you with an independent second opinion, if that is all you need. If you would like to be examined and advised before a corrective procedure, we will gladly provide our support.

For more information on the confidential problem consultations, please contact: +49 6221 8723-338

Argon plasma - the highlight for skin tightening

The use of argon plasma technology for skin tightening is considered the latest highlight in body contouring. The newly developed device is used at the ETHIANUM Clinic for every liposuction, i.e. every liposuction for skin tightening.

The special lipo-plasma technique developed by the aesthetic surgery specialists at the ETHIANUM, the so-called „LipoPlasT“, enables the surgeon to achieve particularly fine contouring during liposuction without undesirable tissue changes and also ensures a further final tightening effect on the skin tissue.

/ HAND SURGERY

The ETHIANUM Clinic also has talented specialists in this surgical field: The world-renowned **Prof. Dr med. Günter Germann**, who has been operating on hands for 30 years, and his partner, PD Dr Holger Engel, have achieved great successes in the correction of even the rarest malformations and complex sequelae of tendon or nerve injuries.

Cutting-edge techniques are used, e.g. non-invasive functional cartilage diagnostic testing, microsurgery, as well as surgical methods such as the wide-awake approach, during which the patient is in a position to painlessly test the abilities of the hand and finger during the procedure.

Please consult the hand surgeons for the following indications:

Congenital malformations	Triangular fibrocartilage disc lesions
Ligament tears, fractures	Nerve compression syndromes
Dupuytren's contracture	Nerve injuries
Joint replacement (prosthesis)	Tendon injuries and tears
Arthrodesis (joint immobility)	Secondary accident injuries
Scaphoid fracture	Wear and tear of the joint cartilage



*/ Prof. Dr med. Günter Germann
Founder and Managing Director
of ETHIANUM Clinic Heidelberg,
one of the most renowned
Hand Surgeons*

/ SCAR AND INTIMATE SURGERY

PD Dr med. Eva Koellensperger, specialist in plastic and aesthetic surgery, offers women help through intimate surgery:

„The level of suffering is sometimes enormous. Even with your best friend, you don't necessarily discuss the fact that labia minora that are too large become sore when cycling or that you find them unattractively shaped. In a confidential discussion with a surgeon, you can talk about it openly - from woman to woman.“ Asymmetrical labia, sensitive mucous membrane irritation, pain during sexual intercourse, sagging skin folds after losing a lot of weight - every problem requires its own treatment.

Another topic from the portfolio of the multifaceted specialist: scar corrections. When scars cause problems and cannot be treated with dermatological means and methods due to their shape, size or location, Dr Köllensperger successfully uses surgical techniques.

In addition, **PD Dr med. Eva Koellensperger** is a passionate researcher and an expert on stem cells from adipose tissue, their potential in tissue regeneration and their interaction with tumour cells. Consequently, she also heads the ETHIANUM research laboratory, which deals with precisely this complex of topics.



*/ PD Dr med. Eva Koellensperger
Plastic and Aesthetic Surgeon*

*She is your contact person for
scar corrections and genital surgery,
among other things.*

/ DERMATOLOGY

For all treatments in the field of classical and aesthetic dermatology, you are in good hands with the head dermatologist at the ETHIANUM, **Amira Ballout**.

In addition to skin cancer prevention and treatment, the specialist specialises in skin and hair, nails and scars. She also has a great deal of experience in the treatment of chronic inflammatory skin diseases.

Here is an overview of the services we offer:

Acne outpatient clinic	Nail diseases
Hair outpatient clinic	Scar treatments
Skin cancer screening	Rosacea - Treatment
Skin cancer treatment	Sweat gland treatment

/ AESTHETIC MEDICINE

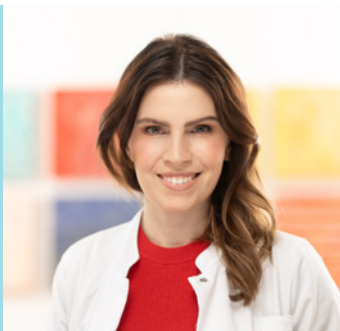
Even without a scalpel, we can do a lot at the ETHIANUM to make you look fresher and feel younger. There are ways and means of effectively treating annoying wrinkles or age spots.

The responsible use of medication and laser devices for the benefit of her clients is particularly important to our specialist Amira Ballout. Another major advantage at the ETHIANUM is the close cooperation with the Aesthetic Surgery and Reconstructive Surgery departments. As a result, the distances for our clients are particularly short should surgical intervention be necessary during treatment.

The knowledge, skills and experience of the treating specialist are crucial. Make an appointment to discuss which therapy concept is most promising for your individual problem.

Topics in aesthetic medicine:

Injections against wrinkles	Hand rejuvenation
Wrinkle injection	Tattoo removal
Remove age spots	Autologous blood therapy for skin and hair
Remove red veins	



*/ Amira Ballout
Specialist in Dermatology
and Venereology,
Head Dermatologist at
the ETHIANUM*

/ SPINAL SURGERY

Patients with diseases of the spine are treated at the ETHIANUM by **PD Dr med. Berk Orakcioglu** at the ETHIANUM. The specialist in neurosurgery is a pioneer in innovative minimally invasive spinal surgery using endoscopic procedures and computer-assisted navigation.

With **Dr med. Orakcioglu**, patients can rest assured that the highest level of precision and safety for the patient is always strived for.



Top image:

Marked thoracic scoliosis with a compensatory contralateral curve and thoracic deformity. An anterior and posterior procedure was performed on the spinal column.

Bottom image:

Almost complete correction of the scoliosis and thoracic deformity postoperatively. Surgery of this kind is performed using neuromonitoring for safety reasons.



*/ PD Dr med. Berk Orakcioglu
Spinal Surgeon, Neurosurgeon*

Spine surgery topics:

Degenerative processes affecting the intervertebral discs and spinal joints

Deformities (scoliosis, kyphosis, spondylolisthesis)

Fractures (traumatic injuries, osteoporotic fractures)

Benign or malignant tumours (primary and secondary intraspinal tumours)

Inflammatory disorders (spondylitis, rheumatoid arthritis)

Surgical treatment of congenital or acquired spinal malformations (e.g. Arnold-Chiari malformations, tonsillar ectopia, tethered cord)

Surgical treatment of vascular spinal cord malformations (e.g. dural arteriovenous fistulae, haemangiomas, cavernomas)

Revision procedures after previous surgery

Post-traumatic instabilities, as well as syringomyelia/hydromyelia

Important note regarding appointments

You can find comprehensive information on our website at www.ethianum.de/wirbelsaehlenchirurgie.

You will also be able to download a questionnaire at this site:

Please complete this questionnaire and summarise the examination results that are already available and provide them to us in advance.

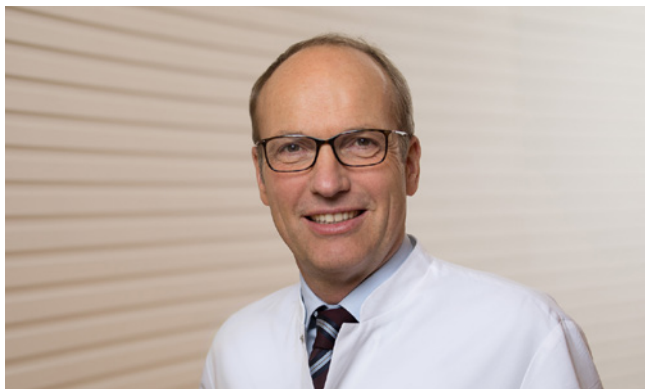
/ SHOULDER: JOINT-PRESERVING ARTHROSCOPY, ARTHROPLASTY

Shoulder pain is usually caused by acute or old injuries, inflammatory or degenerative diseases. Prof. Dr Felix Zeifang is the contact person at the ETHIANUM for the diagnosis and treatment of shoulder diseases.

After taking a medical history and confirming the diagnosis using imaging techniques, the expert uses the keyhole technique to enable a faster return to work or to competitive sport.

In cases of advanced shoulder osteoarthritis, when ACRA procedures or autologous cartilage cell transplantation (ACT) are not treatment options, modern arthroplasty can lead to a new quality of life.

The specialists use different types of prosthesis, -materials and components. Depending on the condition of the rotator cuff, anatomical or inverse shoulder (partial) prostheses can be used. Prof. Dr Zeifang is also an experienced specialist in the implantation of total shoulder arthroplasty (TEP).



/ Prof. Dr med. Felix Zeifang Orthopaedic and Trauma Surgeon, Sports Medicine Specialist

Possible indications for shoulder surgery:

Impingement / bottleneck syndromes	Rotator cuff injuries
Shoulder calcification	Unstable shoulder
Biceps tendon injury	Osteoarthritis of the shoulder
Frozen shoulder	Total shoulder replacement

/ ELBOW SURGERY

The elbows may also be affected by various disorders. Conservative treatment is frequently helpful in such cases. Elbow surgery is rarely required. If intervention is unavoidable, this is usually performed with a keyhole procedure.

Prof. Dr Zeifang has extensive experience in the minimally invasive treatment of this complex joint and will first ensure a meticulous diagnosis, then discuss a holistic treatment recommendation with you.

Elbow surgery topics:

Instability due to ligament injuries
Cartilage injury, osteochondrosis dissecans, Panner's disease, loose joint bodies
Strain injuries such as tennis elbow or golfer's elbow, inflammations
Cubital tunnel syndrome
Osteoarthritis of the elbow
Elbow joint replacement

/ FOOT SURGERY

The delicate and complex architecture of our feet makes them very sensitive; even the smallest malformation, micro trauma, a wrong step, or fashionable footwear may throw them off balance. The pain that arises requires precise diagnosis to enable the initiation of detailed treatment.

Prof. Dr med. Felix Zeifang is the leading expert for all disorders involving the foot at the ETHIANUM Clinic in Heidelberg. He is an orthopaedic and trauma surgeon with the additional qualification of specialised orthopaedic surgeon, sports medicine specialist, rheumatologist and paediatric orthopaedic surgeon, and was the leading foot surgeon at the Department of Orthopaedics at the University of Heidelberg.

You are in the most capable hands when treated by Prof. Dr Zeifang, when surgical procedures can no longer be avoided with conservative treatment. This experienced foot surgeon has specialised in minimally invasive procedures that facilitate early weight-bearing of the corrected foot and thereby reduce rehabilitation periods.

Possible indications:

Bunion
Hallux rigidus (stiff big toe)
Osteoarthritis in the midfoot and hindfoot
Ankle joint instability
Osteoarthritis of the ankle



X-ray examination of a bunion

/ TOTAL HIP REPLACEMENT

All conservative and arthroscopic options are exhausted before performing a total hip replacement at the ETHIANUM Clinic. However, if osteoarthritis of the hip has caused major restriction of mobility and quality of life, joint replacement surgery will be recommended.

At the ETHIANUM Clinic, total hip replacement is planned using special software based on X-ray images. This form of surgery is minimally invasive, since our surgeons are using a minimally invasive technique (AMIS) technique, which is an innovative further development of the anterior access to the hip joint.

Prof. Dr Jörg Holstein, our experienced knee and hip replacement expert, does not injure any nerves during this process. He also does not cut through any muscles or nerves - he simply pushes them aside. The advantages in comparison to conventional methods include: less traumatic access to the hip joint, lower blood loss volumes, and shorter rehabilitation times. The leg can immediately bear weight again.

Even if the artificial joint has to be secondarily replaced, AMIS is the preferred technique amongst specialists.



/ Prof. Dr med. Jörg Holstein
Orthopaedic and Trauma Surgeon

The Regenic® principle is a holistic, biological therapy approach that was developed in close cooperation with our in-house research department and is being further supported. The regeneration of the body is stimulated by the body's own cells and plasma.

In the first stage of the Regenic® principle, we offer you customised infusion solutions to support your vitality and stimulate your self-healing powers as part of our comprehensive preventive range. These infusion solutions also promote optimal regeneration after operations, illnesses or in stressful and stressful everyday situations.

The other stages of the Regenic® principle utilise the body's own regeneration boosters to treat various illnesses effectively and successfully.

This applies in particular to:

Diseases of the musculoskeletal system, including arthrosis, muscle, tendon and sports injuries

Loss of elasticity and volume in the face and generally in the soft tissue areas of the skin

Structural disorders of the skin, e.g. due to scars, Circulatory disorders

Wound healing disorders and problems

Degenerative and inflammatory tissue diseases

Talk to us about the options already offered to you by the various specialist departments at the ETHIANUM.

/ INTERNAL MEDICINE GASTROENTEROLOGY

After many years as Medical Director at the Salem and St. Vincentius Hospital in Heidelberg, **Prof. Dr med. Helmut K. Seitz** has moved his private practice to the ETHIANUM, where he offers his services as a specialist in internal medicine with a focus on gastroenterology and hepatology.

As a result, the ETHIANUM now also offers the entire spectrum of endoscopic diagnostics, from the oesophagus to gastrointestinal and liver diseases. Prof. Seitz has been working intensively on the consequences of alcohol consumption for decades and is internationally recognised as a leading expert in this field.

In addition to his many years of experience, Prof. Seitz also scores points at the ETHIANUM with state-of-the-art diagnostic technology: the so-called Fibroscan makes it possible to measure liver stiffness using sound waves, i.e. without surgery, and thus to make reliable statements about the health of the organ.

Prof. Seitz services perfectly complement the range of services offered by the ETHIANUM, especially thanks to the close cooperation with the in-house prevention and radiology departments.



*/ Prof. Dr med. Helmut K. Seitz
Specialist in Internal Medicine,
Gastroenterologist and Hepatologist*

/ PREVENTIVE MEDICINE

Preventive healthcare measures to maintain psychological and physical performance are the greatest challenge of our time. This is why private individuals as well as companies make use of our preventive healthcare offers.

The health check-up at the ETHIANUM offers you a comprehensive overview of your health status and lays the foundation for your personal health management.

If any abnormalities are detected during your check-up or if you are aware of any pre-existing conditions, additional examinations can be carried out on an individual basis. Extensive diagnostic options and the concentrated medical expertise of the ETHIANUM Clinic are available to you.

Special cardiovascular tests for the detection of bleeding disorders in the heart (stress echocardiography), cuffless longterm blood pressure measurement, long-term ECGs and sleep apnoea screening are used to detect major common diseases such as high blood pressure, cardiac arrhythmias (e.g. atrial fibrillation) and sleep-related breathing disorders. If it is determined that further measures such as electroshock therapy for cardiac arrhythmias (electrocardioversion) or the provision of a pacemaker or defibrillator are required, this can also be carried out at the ETHIANUM.

The ETHIANUM is one of only a few clinics worldwide to offer you a fibroscan to clarify possible liver damage can.

Other tests such as specialist skin cancer screening or gastroscopies and colonoscopies for the early detection of colon cancer, for example, are of course available to you and round off our range of services.

The Head of Preventive Medicine at the ETHIANUM, **PD Dr med. Felix Gramley**, will use the results to show you how to optimise your relaxation practices, manage stress and thus improve your general health. And, if necessary, initiate specific therapeutic measures for treatment and arrange follow-up appointments.



*/ PD Dr Dr med. Felix Gramley, FESC
Medical Director of Preventive Medicine,
Specialist in Internal Medicine, Cardiologist,
Emergency Medicine Interventional Cardiology (DGK)
Specialised Rhythmology (DGK)
Hypertensiologist (DHL)*

/ ANESTHESIA

Experiencing an operation as safely as being asleep without pain and regaining consciousness afterwards without the feeling of nausea - that is what our clients want from an anaesthetic.

Our anaesthesiology specialists are there to ensure just that. They will take plenty of time to inform you in detail in advance about the type of anaesthesia and the procedure and to answer any questions you may have. Of course, they will also talk to you about the risks of anaesthesia and explain the advantages of the anaesthetics and monitoring techniques used during operations. In the case of general anaesthesia, this includes the EEG monitor, which records an electroencephalogram (EEG) and thus provides information on brain activity and the patient's depth of anaesthesia.

In addition, a relaxometer measures muscle function to increase patient safety and avoid unpleasant side effects.



/ Dr med. Bernd Scholz
Specialist for Anaesthesia

/ RADIOLOGY

The radiology department at the ETHIANUM Clinic is fully equipped with state-of-the-art equipment, led by a 3 Tesla magnetic resonance tomograph.

The expanse of the tube is hardly reminiscent of the terrifying confinement of earlier devices. In combination with the warm lighting installation in the room, the examination has lost many of its unpleasant side effects.

The MRI also saves time in several ways: you benefit from short waiting times for an MRI appointment at the ETHIANUM. The examination time is shorter than usual because the innovative Siemens technology quickly delivers razor-sharp images. In addition, magnetic resonance imaging can help to reduce the duration of an operation: in breast reconstruction, for example, angio-MRI (magnetic resonance imaging of the blood vessels) helps to precisely localise the optimal tissue for a transplant in advance, as the images are of extremely high quality.

The radiology department is also available to you if you are not a client of the ETHIANUM.



/ PHYSICAL THERAPY

Physical therapy plays a decisive role in promoting mobility after illness, injury or surgery. Our in-house practice offers the entire spectrum of traditional applications and innovative forms of treatment to our clients, as well as to anyone in the region:

Physical Therapy	Therapeutic Applications
Classic physiotherapy	Traditional massage
Manual therapy	Connective tissue massage
Neurological physiotherapy	Transverse/friction massage
Physiotherapy for craniomandibular dysfunction (CMD)	Kinesiotape
Sports physiotherapy	Manual lymphatic drainage
Golf physiotherapy	Electrotherapy
Supporting sports associations	Ultrasound
Device physiotherapy	Heat therapy (fango pack, hot roll massage)
	Ice application (ice packs, exfoliation)



Close cooperation between the specialists and the physical therapy practice at the ETHIANUM Clinic ensures that you will receive optimum treatment quality after any procedure.

However, irrespective of the surgical speciality, you will be advised, supported and treated by the team led by Stefan Korn. Please arrange an appointment to discuss what we can do for you.

/ YOUR DOCTORS AT THE ETHIANUM

Your intuition will determine whether you trust your specialist or not. We would like to present our in-house experts to give you a first impression.



Prof. Dr med. Günter Germann, medical director and CEO of the ETHIANUM clinic in Heidelberg, specialist in plastic and aesthetic surgery, is internationally recognized as an excellent microsurgeon. He has received many international awards for his lifetime achievements, particularly in the field of hand surgery.



PD Dr Dr med. Felix Gramley is the head of the Preventive Healthcare Department. The internist, cardiologist and emergency medicine specialist carries out health check-ups, provides advice in response to questions about the cardiovascular system and supports both professional and amateur athletes by providing diagnostic sports medicine services.



Amira Ballout specialises in dermatology and venereology. She has acquired special expertise in the field of aesthetic medicine and treatments for chronic inflammatory skin diseases. She knows how to treat her patients in the field of aesthetic and classic dermatology.



Prof. Dr med. Jörg Holsteinn is an orthopaedic and trauma surgeon with the additional designations of specialised orthopaedic surgeon, specialised trauma surgeon and hand surgeon. This expert in total knee and hip replacement is considered to have pioneered the minimally invasive AMIS technique.



PD Dr med. Holger Engel, plastic and aesthetic surgeon and hand surgeon, heads the plastic surgery department at the ETHIANUM as a partner of Prof. Reichenberger. The renowned microsurgery expert has over 15 years of experience, which includes international exposure.



Dr med. Nikolai Kuz completed his specialist training here at the clinic and now works as a senior consultant in plastic, aesthetic and reconstructive surgery. His work is characterised by a passion for aesthetics.

The highly motivated doctors at the ETHIANUM Clinic represent the highest level of medical competence and excellence in the field of surgery and feel obliged to meet these demands as a result of their work ethics.



PD Dr med. Eva Koellensperger is a plastic and anaesthetic surgeon. The specialist in genital surgery, scar and cellulite treatment is a discrete point of contact for affected clients. She is currently researching the potential of stem cells in the scientific field.



Dr med. Bernd Scholz is an anaesthetist. It is essential for him to gain the absolute trust of clients to practice in this field. "Anyone who reaches out to us should feel optimally supported," says Dr Scholz, who has also been working as an emergency medicine specialist as part of the rescue services since 2003.



PD Dr med. Berk Orakcioglu is a neurosurgeon. This spinal surgeon has a strong preference for individual concepts, e.g. CT-guided pain therapy and the most minimally invasive surgical procedures using cutting-edge techniques, which range from spinal navigation to permanent neuromonitoring.



Prof. Dr med. Helmut K. Seitz, the renowned gastroenterologist specialising in hepatology and in particular alcohol-related diseases, is now offering his services in his own practice at the ETHIANUM after many years as Medical Director at Salem Hospital.



Prof. Dr med. Matthias Reichenberger, a plastic and aesthetic surgeon, leads the department of the plastic surgery activities at the ETHIANUM Clinic - together with Prof. Engel. His areas of speciality include body contouring operations after weight loss (e.g. abdominoplasty, liposuction) and the entire spectrum of facial and breast surgery.



Prof. Dr med. Felix Zeifang, is an orthopaedic and trauma surgeon, a specialist in the field of orthopaedic surgery, a sports medicine specialist, rheumatologist and paediatric orthopaedic surgeon. He is highly experienced in open and minimally invasive shoulder and elbow surgery, particularly total shoulder replacement.

/ THE ETHIANUM CLINIC CULTURE

The ETHIANUM Clinic is no ordinary hospital; instead, it offers you a completely new experience. This specifically relates to the relationship between doctors and patients, as well as the respectful interaction of the entire staff with the clients. We prefer the term client because you have voluntarily placed your trust in us, maintain your autonomy and you are fully acknowledged and taken seriously, including all your wishes, goals, worries, and fears.

We have made your health and your well-being our mission - with everything this entails.

Our clients experience a notable difference at our clinic: Doctors and employees have more time for individual care (as a result of the separation of nursing and services, for example), our entire organisation is focussed on client needs, the hospital stay is designed to be as pleasant as possible in all respects, including the style of the institution, the comfort on offer (e.g. suites with a rooming-in option) and first class service.

Our entire facility radiates an atmosphere of relaxation, while the pleasant ambiance of the building resembles that of a five-star hotel and highlights the overall aspiration at the ETHIANUM Clinic.



*We aspire to run a clinic
in which every single one of our own
doctors and employees would want to be
treated without the slightest hesitation.*

/ CONTACT

Our consultations for patients insured by government and private health insurance funds take place in the ETHIANUM Clinic. If you would like to register for an examination, or if you have any questions, please contact us at any time using our website, or select one of the following phone numbers:

Reconstructive and Aesthetic Surgery

Prof. Dr Reichenberger, Prof. Dr Engel,
Dr Kuz, PD Dr Köllensperger +49 6221 8723-338

Hand Surgery

Prof. Dr Germann +49 6221 8723-120

Spinal Surgery

PD Dr Orackioglou +49 6221 8723-440

Orthopaedics, Sports Traumatology

Prof. Dr Zeifang +49 6221 8723-339

Orthopaedic Surgery, Hip and Knee Replacement

Prof. Dr Holstein +49 6221 8723-161

Dermatology and Aesthetic Medicine

Amira Ballout +49 6221 8723-443

Prevention

PD. Dr Dr Gramley +49 6221 8723-159

Radiology

Prof. Dr Kauczor +49 6221 8723-428

Internal Medicine, Gastroenterology

Prof. Dr Seitz +49 6221 8723-270

Physiotherapy

Ines Bechtel +49 6221-8723-473

ETHIANUM Clinic Reception

+49 6221 8723-0

ETHIANUM

Voßstraße 6
69115 Heidelberg
Germany

Monday-Friday,
08:00 - 18:00
Telephone: +49 6221 8723-0

E-Mail: info@ethianum.de
www.ethianum.de

