

## / PREPARATION LIST FOR YOUR STAY

To make your stay as pleasant and relaxed as possible,  
we have listed various recommendations for you:

### / ITEMS TO BRING WITH YOU

- House, jogging or tracksuit, comfortable clothing, sufficient underwear, nightwear, stockings, socks, compression garments, girdle, leggings
- Trainers or slippers
- Personal hygiene items and appropriate aids (e.g. razor, toothbrush and toothpaste, face mask, cream. Also: glasses(s), contact lenses, hearing aid, walking aids, prosthesis if necessary, compression garments)
- Books, mobile devices/smartphone, charging cable, headphones (can be provided on the ward if necessary)
- Journals and magazines - we will be happy to order your daily newspaper. Please contact our reception for this (extension -400 or -401)
- ID card, medical reports including X-ray and vaccination certificate
- Copy of your insurance certificate/policy (only applies to follow-up cost insurance cases)
- Please inform us of any food intolerances and allergies and/or whether you follow a purely vegetarian or vegan diet.

### / INFORMATION ABOUT THE HOSPITAL STAY

- Please ensure that you arrive on time
- Please arrive sober, without make-up, unshaven and without jewellery, piercings and nail varnish on the day of your operation.
- The entire clinic is a smoke-free zone. Smoking is only permitted in the designated area on our garden terrace and in the neighbouring park.
- Bathrobes, towels, flannels, shampoo, shower gel and body lotion are available from us.
- Please do not forget your medication plan, diabetic, implant or allergy card, blood values, pacemaker card, heart passport, mammography/mammasonography results if applicable



- Your **free WLAN** access is: **Ethianum-Guest** and the **key: Heidelberg10**.  
We have WPA2 staff with AES encryption.
- Please vacate your room by **11.00 a.m.** on the day of discharge.
- Room card - please do not forget to hand it in on the day of discharge.  
In case of loss we will charge € 40.00.
- Inpatient room booking: If you have not expressly stated this in your admission contract,  
we will move you to one of our standard double rooms after your operation.  
Would you prefer a single room and/or are you travelling with someone?  
Please let us know in good time:
  - Single room at € 230.00 surcharge per night
  - Suite at € 485.00 surcharge per night
- Accompanying person in the room: please let us know well in advance so that we can organise  
the room and catering accordingly.  
We charge a surcharge of € 220.00 per day including catering for the accompanying person.
- Visitors are permitted / 2 visitors per patient per day.

We wish you a pleasant stay at  
ETHIANUM Heidelberg